

Jennifer Austin Hypnotherapy Client Agreement Contract

- The client will be always treated with respect and care.
- Disclosure of all information during therapy and consultations remains confidential.
- Your hypnotherapist has a professional obligation to report to relevant authorities any suspicion of abuse or harm to a child or an adult who may be considered vulnerable.
- Your hypnotherapist has a professional obligation to report to relevant authorities any concerns if they believe the client may be intending to cause harm to themselves, the therapist, or others.
- A query on suitability or conflict of therapy with other treatment practitioners may have to be sought occasionally, with client knowledge.
- If receiving medical treatment of any kind, it is recommended that proper diagnosis is sought where relevant, to assist the therapist and to inform those professionals of your enquiries toward Hypnotherapy. The AfSFH Code of Conduct is available and the therapist's GDPR has been provided to the client.
- If the therapist is unable to attend session, they must give the client as much notice as possible and either a refund, or payment will be carried over to next session.

Client Consent:

- The therapist has fully explained the therapy and methods, together with any self-help required on my part. I understand that to get the most out of my therapy, I need to engage with tasks set, such as journalling and listening to the hypnosis mp3 recording provided.
- I will not listen to the mp3 hypnosis track while driving, in the bath, or anywhere else that being drowsy or falling asleep could be dangerous.
- I understand therapy results may vary and a minimum of 6 weekly sessions is recommended.
- I accept the fee payable at £80 per session (or booking a block of 6 for £450) and note that there is a 48 hours' notice of cancellation of appointment required, otherwise the session fee will be charged in full. In the case where you have paid in advance the session may not be replaced. If you arrive more than 10 minutes late, the session may be unable to run, but the session fee may be charged in full.
- Appointments are set for the duration of one hour, should the client attend later than the agreed start time the session will still end one hour from the agreed start time. The appointment can only be extended at the discretion of the therapist and will be dependant on timings of other client's appointments.
- I agree not to turn up to sessions under the influence of alcohol or drugs, and understand if I do so, the session will be unable to go ahead, but I will still be charged.
- The therapist reserves the right to refuse treatment if they feel threatened or disrespected.
- I understand that social media is not confidential and if I interact with my therapist's posts or content on social media, that this can be seen by other people.
- I confirm I am over 16 years old and consent to receiving hypnotherapy.

I have read the agreement above and accept the treatment on those terms.

Signed:

Print Name:

Date:

Please make payments to:
Jennifer Austin Hypnotherapy (*Jennifer Austin-Evans trading as Jennifer Austin Hypnotherapy*)
Monzo Business Account Account Number: **13208401** Sort code: **04-00-03**

Jennifer Austin Hypnotherapy GDPR Privacy Notice

How will my data be stored?

In May 2018 the Data Protection Act was replaced by the General Data Protection Regulations (GDPR). The changes to the Data Protection Act are aimed at ensuring that your personal, confidential, and sometimes sensitive data is held privately and securely.

How long will you hold my information for?

I am a registered member of the National Council for Hypnotherapy and the Association for Solution Focused Hypnotherapy; under these organisations' guidelines I am obligated to keep any written records securely for 8 years after the last interaction with an adult client. For clients under 16 years old when last seen, I will keep records until they reach the age of 25. For clients 17 or 18 years old when last seen, I will keep records until they reach the age of 26.

What if I would like my data to be destroyed before this date?

Under GDPR rules, you can request the deletion of any of your records at any time, and I would then keep a record of this request. Any such request must be made in writing.

Am I able to see or get a copy of the information held by you?

Yes, in line with GDPR you can obtain a copy of the information I hold within 30 days by submitting a written request.

What are your reasons for collecting this information?

To gain a wider understanding of your life, your situation and what you want to change. To keep track of your progress and wellbeing, for your safety and others. To discuss information or gain advice from my supervisors if required. To contact you regarding past or future sessions, or your experience using my hypnosis mp3 recording.

How do I know that you will store my information securely?

Your written records are kept in a secure locked cabinet and electronic records under password protection. Both methods are accessible to only me and are in line with GDPR regulations.

Are our discussions within the hypnotherapy sessions confidential?

Yes, everything we discuss in sessions is confidential, unless I believe you are about to harm yourself or another, in which case I may be required to contact your GP or an emergency service.

What if I see you outside of a hypnotherapy session?

If I see you in public outside of a session, I will not acknowledge you, unless you acknowledge me first. Some people do not disclose to friends or family they are receiving therapy and so I will not interact with you, unless you initiate it.

Will you discuss information about me with other health and social care professionals?

Only if I deem it medically necessary and only with your prior written consent.